

COWWARR CHRONICLE

Proudly supported by Cowwarr Fire Brigade

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Cowwarr Primary – A Small School with A Big Heart

A word from the Principal

When I was at a Principals Conference last week in Melbourne, I was really moved by what was said and how our team really reflected current research. A child cannot learn if they are not safe and secure in their school environment. Some kids really struggle in their lives and a school needs to be like an oasis where they can come to drink some confidence and self-esteem. Having some breakfast, a Milo before assembly and being able to talk over problems with people who care, make room for good learning to take place.

Children cannot be forced to learn or harassed into doing their work. Children are young adults who respond to respect and understanding. If

we fail to respect children's feelings and dismiss their backgrounds and issues we will create problems for the future adult.

A great quote I heard at the conference was, "Its better and easier to build up a child than repair a broken adult."

At Cowwarr we are building up children, we are setting foundations for life-long learning and telling children how good they are and that they have great potential. We say that the things that they don't know now, they can learn, and that nothing is impossible if we believe and work hard.

Education is not just doing sums or writing, but much more. Education helps people make good choices.

Another quote that I heard was " an open school door is a jail door closed."

Schools which fail to take a holistic view of children can actually damage adults and give them more baggage to carry into the future.

If you choose to send your child to Cowwarr, we will do the best that we can to live up to your trust and one day take pride in all that your adult child achieves.

Albie Fitt

5148 9271

Caring for the Carers

Taking a short break from looking after someone to do the things you want or need to do is really important. If you are helping to care for a friend or family member who has a mental illness, long-term illness or who is frail and elderly, you may be eligible for support through the Latrobe Community Health Service Carer Programs.

“Many carers often put their own needs on hold while looking after someone else. We want to remind people that help and support is available locally, including respite,” said Alison Caldwell, Carer Support Coordinator at Latrobe Community Health Service.

“We can offer carers a chance to take a short break from their role by taking on caring duties and providing carers with an opportunity to rest,

socialise and recharge their batteries,” continued Alison.

Registration is easy and there is no cost for any of the services provided through Latrobe Community Health Service carer programs.

“We have a number of events coming up that will give carers an opportunity to get out of the house and be sociable among people who understand what they’re going through, too.”

Events include a Christmas in July lunch in Sale, A theatre matinee in August in Warragul and a day trip to Walhalla in September.

For more information or to register for support from the Carer Programs’ team, contact Latrobe Community Health Service on 1800 242 696 and ask to speak to Alison or Elaine.



Cowwarr Fire Brigade

On Sunday 2nd July we attended a dairy fire in Denison. Thank you to all of the passing traffic that followed the new road law, passing emergency vehicles at 40km per hour. Remember that you must pass any emergency vehicles with lights and or sirens on at no more than 40kms hour, even if you are on the other side of the road.

We also attended a fire call in Toongabbie where a log rolled out of an open fire onto the carpet. Fortunately, the home was saved from structural damage

Remember if you need emergency services please call 000. They can page us whilst talking to you, it is the fastest way to get emergency services to your door. If you are unsure if you need us call 000 anyway, we would rather come and say hi if you don’t need us rather than being called out too late.

COWWARR



SAINTS

Cowwarr Football Netball Club

Sarah Cooper

SILVER CIRCLE

SUNDAY 30 JULY

Tickets will be \$75 pp inc. entry in to the draw to win \$5000, beverages, lunch and live entertainment
See Kim McMaster to book your ticket

MERCHANDISE

The club has some new merchandise for sale in the rooms including beanies (adults and children's sizes), hats, hoodies and polos. Club bags and long sleeve shirts can also be ordered and personalised. See Ebony Galea to place a personalised order or a committee member to make a general merchandise purchase. Eftpos facilities available.

THURSDAY MEALS

Meals are available after training on a Thursday for \$10, everyone is welcome. Bar is open. If there is anyone interested in helping out with cooking a Thursday night meal please contact Sarah Cooper on 0448898858.

THIS MONTHS GAMES

8th July away against Churchill

22nd July away against TTU

29th July home against Woodside

5th August away against Heyfield

National Tree Day at the Weir - Cowwarr Landcare

On Sunday the 30th of July, as part of National Tree Day Cowwarr landcare group will be planting trees and shrubs at The Swingbridge Reserve Cowwarr Weir. Members of the Community are invited to join us and share in a lunch provided by Cowwarr Landcare afterwards. Last year we planted 500 plants on National Tree Day and most are growing very well. Much time has been spent by our Landcare members in preparing the site for the plantings this year. Many of the plants have been grown by the local primary school. Latrobe Catchment Landcare Board will provide 500 plants for the planting and funding for guards, stakes and bases.

Join us at 10 a.m. to start planting. All tools supplied. You need to wear long pants and a strong pair of shoes or boots. Entry to The Swing bridge Reserve is from the first road on the left after entering the Weir. Lunch will start about 12 a.m.

In the last 6 years we have put in over 4500 plants. Those who joined us last year might like to see how the plants we put in then have grown.

On Friday the 28th Cowwarr Primary school will be planting on the Rail Trail at Cowwarr. plants have been grown by the students at the School. This is the 3rd year students will be planting on the Railtrail as part of National Tree week.

For more information and to aid us in catering contact Peter Smart on 51 489322 or go to the Plant Ark web site, find us (Cowwarr Landcare Group.) and enter your details by this site.

Cowwarr Art Space

John Abery: Do you Remember?
An exhibition of childhood memory

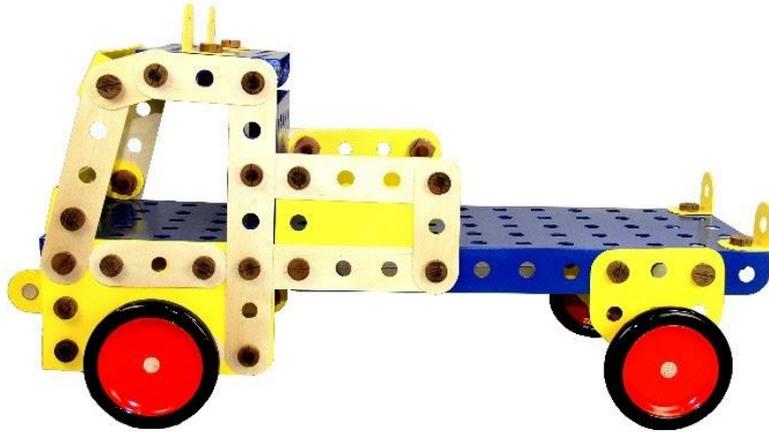


Image: We Had a Great Big Macanoco Set 2017 Plywood and paint, 105 x 45 x 54.

**You are invited to join the artist, John Abery,
at the opening celebration 2-5pm Sunday 6 August.**

In this sculpture exhibition, John explores the nostalgia of childhood memories. He deliberately created the works to be oversized, creating a feeling of wonder and excitement recreating the emotion a child would feel in the presence of a new toy. He hopes these works will evoke a playful memory for everyone who sees them.

Open to the public from 4 August and continuing until 25 September 2017

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Email me at cowwarr.chronicle@gmail.com Ann Gibbs.
Remember without your news the chronicle can't survive.
If you would like the chronicle emailed directly to your inbox, email
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